

# Micro Needling After Care

## What to Expect Post Treatment

- Immediately after treatment, patients will experience a sunburn-like sensation along with mild swelling and redness which will resolve within 48 hours. Redness may last up to 7 days.
- You may experience a mild headache which can be resolved with your pain reliever of choice.
- Pinpoint bleeding is left on the face for at least 24 hours post treatment to help heal and nourish the skin promoting results. Small pinprick marks may be seen on the treated area for up to 5 days.

## How to Care for Your Skin

- Do not wash your face until the following day using a gentle cleanser.
- After cleansing apply Procell Cellular Renewal Serum “Step 1” followed by Healing Accelerator Serum “Step 2”. You may apply a gentle moisturizer on top of the serums if needed. These products will last for 7 days and then your normal skincare routine may resume.
- Use sunscreen SPF 30 or higher at all times throughout the treatment course when going outside or exposed to the Sun.

## What to Avoid

- Avoid makeup application for a minimum of 24 hours
- Avoid direct sun exposure and tanning beds throughout the treatment course so as to reduce the chance of adverse reactions like hyperpigmentation or hypopigmentation.
- Avoid picking or scratching the treated skin to achieve your best results.